



ONTARIO HOMEOPATHIC MEDICAL ASSOCIATION



FREE WEBINAR

WEDNESDAY, AUGUST 12TH, 2026 FROM 7:30 PM - 9:30 PM EST

ANXIETY AND DEPRESSION

Dr. Anil P. Joseph, MD, FRCPC, is a psychiatrist, educator, researcher, and mental health leader with more than 25 years of clinical experience in the assessment and treatment of anxiety, depression, and complex mental health disorders. He currently serves as Clinical Director of Inpatient Psychiatry Services at Health Sciences North in Sudbury, Ontario, Associate Professor of Psychiatry at the Northern Ontario School of Medicine University, and Adjunct Professor of Psychiatry at Western University.

Dr. Joseph is a Fellow of the Royal College of Physicians and Surgeons of Canada (FRCPC) and holds specialist psychiatric qualifications from Canada, the United Kingdom, and Ireland. He has also completed advanced training in independent medical evaluation and medico-legal expertise, earning the Certified Independent Medical Examiner (CIME), Certification in Medico-Legal Expertise (CMLE), and C-CAT certifications. He has received multiple recognitions for excellence in teaching at the Northern Ontario School of Medicine.

As an active researcher and published author, Dr. Joseph has served as a principal investigator and co-investigator in numerous clinical research studies involving anxiety disorders, depression, bipolar disorder, schizophrenia, and other psychiatric conditions, contributing to the advancement of evidence-based mental health care.

In "Understanding Anxiety and Depression," Dr. Joseph will draw on his extensive clinical, academic, teaching, and research experience to provide practical, evidence-based insights into recognizing symptoms, understanding treatment options, reducing stigma, and promoting resilience, recovery, and emotional well-being.

**SPEAKER: DR. ANIL P. JOSEPH, MD, FRCPC
PSYCHIATRIST, CLINICAL DIRECTOR,
INPATIENT PSYCHIATRY SERVICES,
ASSOCIATE PROFESSOR OF PSYCHIATRY**



Zoom link for the webinar:

**[https://us02web.zoom.us/j/87848081618?
pwd=8MgrVaHqQYwADBZORbln0r0nL0LnbnN](https://us02web.zoom.us/j/87848081618?pwd=8MgrVaHqQYwADBZORbln0r0nL0LnbnN)**